

SCHOOL BEHAVIOUR SUPPORT

Relationship-based positive behaviour management

Testimonials

1:1 Tuition in Emotional Literacy

"You are such an asset to our families."

Team Manager, Adoption & Permanence Support Team, Adopt Thames Valley

"We were very interested to read the report you wrote about the sessions and could see that [our son] utilised them very well. We are relieved that you will be working with him next term."

Adoptive mother of YR child

"The [R] child you saw last term is a different child; we have really seen the positive impact."

EYFS teacher

"Thank you so much for working with [our daughter]. We're so grateful that she learnt to deal with her stress. We can see she is a lot calmer when she is in difficult situations!"

Parents of YR child

"A big thank you for your amazing work with [our son]. You have shown such insight into his world. We do think that in the future we may call on your support again... when it feels the right time. We are very happy to endorse your great work!"

Adoptive mother of Y1 child

"I loved the sessions."

Y1 child

"We see an improvement in how [our son] processes his behaviour and he is extremely enthusiastic and positive about his sessions with Julia."

Parents of Y1 child

"[X] has had such a positive second half of term. Julia, thank you very much for working with him and, of course, continuing next term would be a wonderful idea. The work has been invaluable."

Learning Enrichment Co-ordinator, New College School

"One thing I'd have liked less of is stars and wishes. One thing I'd have liked done differently is longer with you. One thing I'd have liked more of is more puppets [sic]."

Y2 child

"Thank you so much for your good work. It is very helpful to read such constructive feedback."

Father of Y2 child

"Dear Julia [sic]. Bye bye. Hope you have a good life. Stay well and thank you for all the lovely things you have done for me. Bye bye."

Y2 child

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"Our deepest appreciation for the impact and lasting change that you have made in [X's] mindset, wellbeing and happiness. We are truly grateful."

Mother of Y2 child

"I feel that [X] has made tremendous progress. I would imagine a part of that would be him maturing with age, but I also think a big part has been through your help... Overall, I am experiencing him developing into a kind boy with a very rich emotional world and a kind heart; a very far cry from where we started, where I think all that was overwhelmed with anxiety."

Father of Y2 child

"It is fantastic to read about the progress that [our Y3 pupil] has made and the positive way in which [our Y3 TA] approached the sessions. She has been extremely positive about working with you and has really valued your expertise."

Professional Learning Lead, Wood Farm Primary School

"Just a little update to say how much [X] has been enjoying his sessions. He talked with great passion last night about Chinese meditation & energy. He chose two sets of meditation balls online and is taking one set to school, as he would like to explain it to [his teacher]. Walking to school today he also told [his sister] about his time with you and how you're helping him understand his emotions. This revelation is a huge step, as [our adoption social worker] will tell you he will not engage with her when [his sister] is in the room, as he likes to keep things so private."

Adoptive mother of Y3 child

"[One thing I will take away from our work together is] peace... like you have space."

Y3 adopted child

"Thank you! I have found the past 6 weeks really enjoyable and the sessions have given me lots of ideas to use in the classroom. I have found the sessions and working with yourself has been inspirational and appreciate all the guidance you have given me. Hopefully we get to work together again in the future."

Y3 Teaching Assistant, Wood Farm Primary School

"[Our son] isn't always very forthcoming about what he has been doing at school but he readily chatted about the positive experiences he had with you. We were impressed with the subjects covered and strategies you taught him to manage his anxieties. We are hoping you will be able to continue with this via the Adoption Support Fund."

Adoptive mother of Y4 child

"Thank you for being a lovely helper helping me with my worries. I loved being with you"

Y4 child

"From my point of view, the sessions with Julia are so incredibly valuable to [X]. He is clearly struggling to process his feelings both at home and at school but his behaviour at school has been much more settled with the regular sessions."

Welfare & Inclusion Manager, Dashwood Banbury Academy

"I enjoyed working with you and felt you worked very positively with our [Y4] pupil."

Head of Learning Enrichment

"Now [our Y5 pupil] has more strategies he can refer to and we can remind him of. Thanks for your work with him and for your detailed report - all very helpful."

Deputy Headteacher/SENCo, Wolvercote C E Primary School

"You've really supported me. You've lifted my self-esteem a little bit."

Y6 child

"We all appreciate the work you've been doing with [our Y6 pupil] and are keen for you to continue to work... without a break."

SENCo, Edward Feild Primary School

"At our first session I didn't want to come... The sessions have got better and better. I thank you."

Y6 child

"We are so thankful to have found Julia. Her knowledge, experience and professional approach to her work is really quite remarkable. When we got in touch with her, our adopted son was like a spinning top bouncing off the walls and then suddenly losing his momentum and lying flat. Moving house had rocked his world and suddenly his underlying insecurity had come flooding to the surface. He had become overwhelmed in the classroom and as a result was finding it easier to either be disruptive or disengaged with learning. With Julia's expertise in emotional literacy she was able to help him find his voice and express how he was feeling but in the most gentle, fun and rewarding way. The boy we have now, one year on, is still on a journey but is so much better at communicating his feelings and is making many more positive choices. To quote our son, "Everyone needs a Julia"."

Adoptive mother of Y6 child

"Thank you for your brilliant work with [X]. We have all seen an improvement in his ability to positively identify and express his emotions and use calming strategies which will stand him in good stead for now and the future."

Social Worker for Y6 child we care for

"Julia has had a significant impact on [X's] ability to self-regulate/wellbeing/self-esteem, etc, and it is very much hoped that she will be able to continue working alongside him at [his new secondary school]. The ATTACH team are no longer involved but the work Julia is doing is providing both the family and [X] with essential support. We perceive the time he spends with her as being key in supporting his transition to Year 7."

EHCP annual review for Y6 child, Little Milton C E Primary School

"Your reports were so detailed and very useful for us, for which I am very grateful."

SENCo, Dorchester St Birinus C E Primary School

"I know that the work you have done so far with children at Wood Farm has been extremely well received and I look forward to working with you again in the future."

Deputy Head, Wood Farm School

"Thank you for being there for me through the years. We have had such a good time together. I will miss our weekly sessions."

Y7 student

"[The reports] make fascinating reading - what is more fascinating is the change you have

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wrought in both [Y7 & Y8 pupils] - thank you so much!"
Head, Wychwood School

"I know [my son] has enjoyed his sessions with you, he never has anything negative to say. He is really struggling at school at the moment."
Adoptive mother of Y8 student

"Julia has provided a wonderful service to several of our families over the last few years, supporting complex children with their emotional literacy and regulation. She has managed to engage them and support them. She has helped them explore some really difficult feelings but all in a creative and enjoyable way. This has been especially useful during the Covid period and Julia has been incredibly flexible and resourceful to keep delivering in spite of the added complexities and restrictions. It was wonderful to be able to offer something so positive to children and their parents/guardians in this particularly stressful time."
Team Manager, Permanence Support Team, Adopt Thames Valley

"Since [X] has been having 1:1 sessions with Julia there have been no more broken remotes."
Special Guardian of 14-year-old special school student

"We were at the hospital today and [X] described himself being on 'high alert' whenever he heard the machine that cuts through the plaster cast. I thought that was a brilliant example of him being able to recognise his emotions and then find ways to deal with them... definitely a 'Julia' taught trick!"
Adoptive mother of 14-year-old

"I'm really glad that there have been so many positive experiences for [X] during these sessions, and that he has benefited from them. Thank you again for your wonderful work with the family."
Social Worker, Adoption Support Agency

"Thank you for all the work and support you have given to [X]. There have been many times in recent months that we have both seen a difference in his confidence and self-esteem, for which we are both very grateful."
Adoptive mother of 14-year-old

"[One thing I'd have liked more of is] nothing. There's a good lot of everything. [One thing I'd have liked less of is] nothing. [One thing I'd have liked done differently is] nothing, 'cos everything was so good. I like!"
Y9 student/young person we care for

"It's always fun, working with you!"
Y9 student/young person we care for

"Thank you for all of your support over the last few years. [X's] time with you has been so beneficial and we have always noticed a difference in him afterwards. The staff here are going to miss your smiley face and positivity every time you visit. I hope we get to see you again!"
Welfare & Inclusion Manager for Y6 child in Special Guardianship, Dashwood Banbury Academy

"[The following] demonstrates the hugely powerful impact Julia is having. [X] is now more able to identify and name his emotions. He is also developing some willingness to seek adult support during these moments. He is less oppositional and more willing to engage in dialogue when

decisions are made for him, even if they are not his preference. [He] is becoming more flexible in his thinking and responses [and] showing a greater capacity to cope with changes in routine or unexpected instructions, which previously would have triggered distress or refusal and resulted in more intense and drawn out periods of dysregulation. These changes, though gradual, are significant. Julia's work has clearly provided a safe and consistent space for him to explore and process difficult emotions. We strongly believe that continued access to this therapeutic support is essential for sustaining and building on these gains."

SENDCo, St Nicholas' C of E Primary School, East Challow

"We love how well you know [X] and the incredibly positive impact you are having on our gorgeous (now sassy) girl."

Adoptive mother of Y4 child