

# JULIA WOODS

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## PROFILE

I am a freelance teacher trainer and tutor in emotional literacy, with a wholehearted commitment to enhancing the wellbeing of children, school staff and families. My experiential, dynamic approach is underpinned by rigorous standards and a range of skills.

## KEY SKILLS

- Training and group facilitation (of primary, secondary and special school staff in the state and independent sectors, and of undergraduates and post-graduates in teacher training)
- Teaching and tuition (of mainstream, vulnerable and looked after children and young people)
- Writing (of trainings and text books for teachers and teaching assistants)
- Therapeutic and counselling skills

## WORK HISTORY

Freelance:

**Teacher Trainer and Tutor in Emotional Literacy**, 2013 to date

I offer INSET and personalised CPD for teachers, training them in peer groups and/or with their classes to make circle time meaningful, as a springboard for enhancing relationship-based positive behaviour management. This approach was fine-tuned while working one day a week with the Blackbird Academy Trust (Apr 2014-Jul 2015). I also offer 1:1 and small group tuition in emotional literacy to children with social, emotional and mental health difficulties, having worked with the Virtual School for Looked After Children as an associate tutor (Nov 2013-Jul 2014) before branching out as a freelance therapeutic tutor. In addition, I train school staff and BA, PGCE and Teach First trainee teachers in partnership with national charity Family Links, supporting its mission to develop emotional literacy and positive behaviour management skills to help school staff and pupils aspire, flourish and achieve, and since 2017 have worked one day a week as a PPA cover teacher at SS Mary & John C of E Primary School, Oxford.

For Family Links ([www.familylinks.org.uk](http://www.familylinks.org.uk)):

**National School Materials Co-ordinator and School Trainer**, 2009-13

**Area Co-ordinator for Oxfordshire**, 2004-09

**Schools Co-ordinator**, 2000-04

For Oxfordshire Local Education Authority:

**Reception/Year One Teacher**, Cutteslowe First School, Oxford, 1996-2000

**Supply Teacher**, 1994-95

Before training as a teacher:

**Residential Support Worker**, Cornerways, Surrey, 1993

**Play Specialist**, Great Ormond Street Hospital for Children, London, 1991-93

**Freelance Drama and Movement Therapist**, 1990-93

## QUALIFICATIONS

2013	Oxfordshire County Council, <b>Adoption Buddy</b>
2006	Family Links, <b>National Open College Network Tutor in The Nurturing Programme</b>
2004	Massage in Schools Programme, <b>Massage in Schools Instructor</b>
2001	Family Links, <b>School Trainer</b>
1994	Oxford Brookes University, <b>Post Graduate Certificate in Education</b> (Early Years specialism), <b>QTS</b>
1993	Centre for Personal & Professional Development, <b>Certificate in Counselling Skills &amp; Attitudes</b>
1990	Central School of Speech & Drama, <b>CSSD-Sesame Institute Joint Cert Drama &amp; Movement in Therapy</b>
1987	Westfield College, University of London, <b>BA (Hons) English &amp; Drama</b>

## PERSONAL INTERESTS

Swimming, reading, aromatherapy, film, singing (with The Jericho Singers) and sailing (after happy childhood sailing experiences, I undertook day skipper training in 2004). An adoptive mum, I volunteer for Oxfordshire County Council as an adoption support buddy and have undertaken training from the ATTACH team. I also enjoy a regular stint of voluntary work at my local MIND shop.